



WELCOME WARRIORS!

July 31, 2017

Dear Parents and Students:

I am thrilled to welcome you to the exciting and sometimes complicated world of middle school! Starting middle school is a huge change that comes with mixed emotions for both parents and students. I understand that you may be experiencing anxiety because with middle school comes lots of changes, including having several different teachers, an increase in homework, and a busier schedule, to name a few. You may also feel excitement because of the new opportunities that middle school brings that lead to more choices, more freedom, and more responsibilities for you. I want to help make this transition period a smooth and positive experience for you.

As your child's counselor, I am concerned about his or her emotional well-being, academic progress, and personal and social development. Therefore, I will offer the following activities to help with this transition to middle school and to help students gain independence and to have academic success.

- Periodic classroom lessons related to positive personal growth and development (such as study skills, organizational skills, bullying, or conflict resolution)
- Small group counseling for academic or social concerns
- Individual counseling
- Parent consultation

I am excited to be your 6th grade counselor this year. I look forward to working closely with the teachers, parents, and students in promoting positive growth and student success. In addition to receiving referrals from teachers and staff, I encourage parents and students to ask for my help with any issues that could hinder the students' achievement. Contact your child's teacher if you would like to schedule a conference. If you have difficulty contacting a teacher, please do not hesitate to contact me at 919.266.8500, ext. 21156. If you have questions or concerns, you can also email me at phardy-evans@wcpss.net. You can also visit our school website at <http://www.eastwakems.wcpss.net> or our Student Services website at <http://ewmscounselors.weebly.com> for updates.

Welcome again to our new WARRIORS! I look forward to us all working together for a successful year.

Pauline Hardy-Evans